

Baycrest

Enriching Care
Enhancing Knowledge
Enlightening Minds

**Baycrest Social Work Department and the Katz Centre for
Gerontological Social Work are pleased to present**

**The Walter Lyons Memorial
Social Work Clinic Day**

**Showcasing Evidence-Based
Social Work Practice in
Health & Long-Term Care**

Friday, November 2, 2007

The Joseph E. & Minnie Wagman Centre
55 Ameer Avenue, Toronto, Ontario
(on the Baycrest Campus)

The morning program will be telecast to remote parts of Ontario

Sponsorship generously provided by:
The Walter Lyons Memorial Fund The Ben & Hilda
Katz Centre for Gerontological Social Work

PROGRAM

8:30 AM Registration and Refreshments

8:45 AM Welcome & Introductory Remarks

Dr. William Reichman, Baycrest CEO and President

9:00 AM Implementing Evidence Based Models into Practice

Cheryl Regehr, PhD

While evidence-based practice has received increasing attention in social work in the last number of years, there have been challenges in the process of implementing evidence-based models into practice. The first set of challenges has been related to the suspicions and hostilities harbored by both academics and practitioners stemming from varying conceptions about the meaning of evidence-based practice. Thus, there has been a need to articulate an inclusive model of evidence-based practice that was not perceived as reductionistic, mechanistic and dismissive of some methodologies and epistemologies. The second set of challenges related to developing concrete ways of accumulating evidence and sharing it with others and attempting to answer the question "What does an evidence-based institute in social work actually look like?". Through the Faculty of Social Work Research Institute for Evidence-Based Social Work, we are working to integrate research and practice through a variety of methods including systematic reviews and research partnerships in the community.

10:00 AM - A Research Model for Translating Practice Evidence into Evidence-Based Practice

Elsa Marziali, PhD

This presentation will focus on developing strategies for documenting practice-based evidence of social work models of intervention with older adults. The process and outcome of several feasibility studies will be discussed. Intervention manuals for three models of practice resulting from the studies will be available for purchase during the conference.

11:00 AM - Refreshment Break

11:15 AM - Evidence-Based Practice: Operationalizing the Vision

Ted McNeill PhD, RSW and David Nicholas, PhD, RSW

This presentation will address our journey in addressing some of the challenges and opportunities in operationalizing a vision for evidence-based practice (EBP) in a busy clinical setting. Finding ways of making evidence available and usable for practice is an important priority; however, it is challenging to implement EBP unless sufficient support is available to individual social workers in terms of finding, adjudicating and applying evidence. The need to contextualize evidence relative to one's practice, integrate existing clinical expertise, and address other dimensions of the therapeutic relationship are challenges integral to the application of an EBP model. We address these and related issues as we have moved forward in advancing EBP at Sick Kids. In the presentation, we will identify exciting moments as well as myths, barriers and conundrums in integrating EBP. Recommendations and guidelines, based on our experience and the literature, will be provided.

12:15 - Lunch

1:15 - Workshop Session #1, registrants will be attending one of the following:

A - Transforming Mental Health Care in the Nursing Home: A Participatory Approach

Ruth Goodman, MSW, RSW, PhD (cand). and Maria Huijbregts, PhD, PT.

The Canadian Coalition for Seniors Mental Health published comprehensive Best Practice Guidelines in May, 2006. This workshop describes the participatory approach an inter-professional working group is taking in the implementation of these guidelines in a nursing home and the evaluation of this process. Chosen methodologies, facilitating factors and barriers, as well as process and outcome indicators will be discussed.

B - The development of a study on spousal caregivers' experiences with community services

Tamara Sussman, PhD, RSW

This workshop will focus on the process involved in generating research questions from practice and operationalizing those questions into measurable terms. Using her own doctoral work as an example, Tamara will provide a step by step guide as to how she developed her study on the stress reducing and stress producing aspects of the long-term community care system from the perspective of spouses caring for their partners with dementia. Workshop attendees will be invited to discuss their own practice questions and to reflect on the possible operationalization of these questions.

C - Dementia Care Planning: Shared Experience and Collaboration

Penny Pashby, MSW, RSW and Julie Hann, MSW, RSW

The perceived challenges faced by family caregivers and healthcare providers and the supports that they identified are needed to address these challenges will be discussed. The results of a descriptive study conducted on an in-patient assessment unit, measures used, implications for practice, and a proposed model to address the challenges of providing dementia care will be presented. Opportunity to share and discuss related experience and measure participant knowledge of the challenges will be provided during the presentation.

2:45 Workshops Session #2, registrants will be attending one of the following:

A - It's Worked for Twenty Years, Why Change Now: Calming the Fears and Translating Research into Practice

Patrick Clifford BA, BSW, BEd, MSW, RSW

This session will focus on the dilemma of staying current in social work practice and the need to constantly incorporate new research into day to day service delivery. This interactive session will focus on incorporating published research into current practice with a particular focus on generating new research by the social work clinician within his/her own caseload and work environment. The session will explore the methods for bringing in and applying evidence developed externally and the methods used to develop, test, verify and implement clinician based research and practice change on a small scale within the organization.

B - Literature Reviews: Enhancing Practice Knowledge by Evaluating Research

Kelsey Simons, PhD, MSW

This session will guide participants through the process of conducting a literature review and critiquing research to become familiar with current best practices in their specialty area as well as areas of research need. A review of research methods will be provided and actual studies of social work in health and long-term care will be critiqued. The workshop will conclude with a group discussion of how best to incorporate literature reviews as an extension of best practice methods.

C - For better or for worse, in sickness and in health: A psychotherapeutic support group for spousal caregivers of people with Dementia

Fran Kleiner, MSW, RSW and Lynn Tepper, MSW, RSW

This presentation describes the steps taken to develop, co-lead, and evaluate the effectiveness of a psychotherapeutic support group for spouses of persons diagnosed with some form of dementia, using an evidence based approach. The traditional educational, task-oriented support group most commonly used to help caregivers deal with the stress of caring for persons with chronic illness was avoided. As an alternative, the "model of supportive group therapy that addresses the perceived psycho-social needs of caregivers and care recipients" as outlined in the Intervention Training Manual developed by Dr. Elza Marziali (2003) was utilized. The goal was to help spouses self-reflect on the changes in themselves and their family members and through this model to understand the changes in self-identity and interpersonal relationships that take place. Each husband or wife in the group had a spouse diagnosed with mild to moderate cognitive impairment who was a member of the Baycrest Community Day Centre for Seniors. Analyses of major group themes, group dynamics and the roles of the co-facilitators will be discussed

FACULTY

Cheryl Regehr, PhD

Dean of the Faculty of Social Work and a Professor in the Faculty of Social Work and the Faculty of Law at University of Toronto. She holds the Sandra Rotman Chair for Social Work Practice.

Prof. Regehr has been a member of the Health Sciences Ethics Committee of the University of Toronto and of committees adjudicating grants for Social Sciences and Humanities Research Council of Canada. Her practice background includes 20 years of direct service in forensic social work and emergency mental health and in the administration of mental health programs, specializing in workplace trauma interventions and civil litigation and criminal court assessments of trauma victims and violent offenders. Her publications address both issues of trauma and the interface between the law and mental health. She has two books with Oxford University Press entitled "In the line of fire: Trauma in the emergency services" and "Essential Law for Social Work Practice in Canada."

Elsa Marziali, PhD

Director, Katz Centre for Gerontological Social Work, Baycrest; Honey and Norman Schipper Chair in Gerontological Social Work, Professor, Faculty of Social Work, University of Toronto. Dr. Marziali has developed a program of research with a focus on evaluating e-health models of intervention for family caregivers of persons with long term, neurodegenerative diseases. This work has been extended to evaluating e-health models of intervention for persons with long term disabilities. In addition Dr. Marziali has evaluated the responses of dementia patients and their caregivers to video histories of the patients' life experiences. Recent publications of her work appear in the Journal of Aging and Health, Journal of American Medical Directors Association, Journal of Technology in Human Service, Journal of Gerontological Social Work, and the Gerontologist.

Ted McNeill, PhD, RSW

Director of Social Work and Child Life, The Hospital for Sick Children; Associate Professor in the Faculty of Social Work at the University of Toronto. His academic interests include child and family adaptation to chronic health conditions, positive father involvement, evidence-based practice, diversity, and the social determinants of health. Regarding evidence based practice, he has written and presented extensively and currently teaches a course about it to graduate students in social work at the University of Toronto. At Sick Kids, he is working with colleagues to develop a model that will assist busy clinicians to integrate evidence into their practice.

David Nicholas, PhD, RSW

Academic and Clinical Specialist in Social Work, The Hospital for Sick Children; Associate Professor, Faculty of Social Work, University of Toronto. His program of research focuses on psychosocial adaptation to chronic illness in a pediatric context. Specific substantive areas include the use of advanced technology for the delivery of social support. Intervention studies have evaluated outcomes and processes of advanced technology on quality of life outcomes for children and families.

Ruth Goodman, MSW, RSW, Phd (cand)

Senior Social Worker, Baycrest; Course Director, School of Social Work, Atkinson College, York University. Ruth has more than 25 of experience working with seniors and caregivers. Her research and clinical interests have focused on the social construction of dementia practice. She is the author of the Visiting Elders Guide to support meaningful and rich visit with an elderly loved one.

Maria Huijbregts, PT, PhD

Director of Clinical Evaluation, Baycrest ; Assistant professor (Status only) , Department of Physical Therapy , University of Toronto. Her clinical and research interests include knowledge transfer, evidence based practice, measurement and clinical evaluation using quantitative and qualitative methodologies.

Tamara Sussman PhD, RSW

Associate Professor at McGill University. Her research interests include dementia care, long-term community care services and caregiver stress. Tamara brings to her research over ten years of experience working with older persons and their families in both community and hospital settings.

Penny Pashby, MSW, RSW

Social Worker, in-patient service of the Geriatric Rehabilitation Program, Toronto Rehabilitation Institute. Her research interest has evolved from her clinical practice in Geriatrics and has focused on understanding the needs of family caregivers of persons with dementia.

Julie Hann, MSW, RSW

Social Worker, Geriatric Program, Geriatric Psychiatry, Outreach & Clinics, Toronto Rehabilitation Institute.

Patrick Clifford BA, BSW, BEd, MSW, RSW

Manager, Professional Practice and Research Ethics, Southlake Regional Health Centre, Newmarket Ontario.

Kelsey Simons, PhD, MSW

Social Work Scientist, Kunin-Lunenfeld Applied Research Unit, Baycrest; Assistant Professor of Social Work at the University of Toronto's Faculty of Social Work. She has prior experience as a social worker in nursing homes and conducts research on the social work workforce in long-term care and psychosocial care in nursing homes.

Fran Kleiner, MSW, RSW

Senior Social Worker, the Parkland and Oceanside Clubs of the Baycrest Community Day Centre for Seniors. Fran has co-authored a chapter in the book Social Work Practice with the Elderly. She has over 27 years experience specializing in the field of geriatrics and facilitating groups.

Lynn Tepper, MSW, RSW

Social Worker, Parkland and Oceanside Clubs of the Baycrest Community Day Centre for Seniors.

Lynn has had 22 years experience providing counselling and case management for seniors and their families. She has co-facilitated reminiscence groups for seniors, groups for older women in abusive relationships, support groups for caregivers of cognitively impaired older adults, and groups for people with Parkinson's disease and their spouses

PLANNING COMMITTEE

Cindy Brcko, MSW, RSW

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Assistance provided by Mrs. Paula Ferreira, Coordinator, Organizational Effectiveness, Baycrest

INQUIRIES

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